

Cougar Cafe

November 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Nuggets Mac & Cheese Veggie Sticks Sliced Peaches	2 Spaghetti Garden Salad Garlic Bread Brownie	3 Waffles Scrambled Eggs Bacon Fruit	4 Pepperoni Pizza Buttered Corn Veggie Dippers Sliced Pears	5 Hot Dog French Fries Apple Slices Cookie
<i>Cheese Stix</i>	<i>French Bread Pizza</i>	<i>Shrimp Poppers</i>	<i>Soft Beef Taco</i>	<i>Taco Salad</i>
8 Soft Taco Spanish Rice Fiesta Salad Cinn Apples	9 Chicken Spaghetti Carrot Coins Garden Salad Cookie	10 Steak Fingers Mashed Potatoes English Peas Peach Cobbler	11 Cheese Pizza Veggie Dippers Sweet Corn Fruit	12 Cheeseburger French Fries Mixed Veggies Cake
<i>Beef Enchiladas</i>	<i>Chicken Strips</i>	<i>Nachos</i>	<i>BBQ Sandwich</i>	<i>Taco Salad</i>
15 Cheese Ravioli Garden Salad Bread Stix Applesauce	16 Corndog Tater Tots Mixed Veggie Cookie	17 Grilled Chicken Mashed Potatoes Green Beans Cherry Crisp	18 Pepperoni Pizza Garden Salad Buttered Corn Oreo Pudding	19 Turkey Stuffing Mashed Potato Green Beans Banana Pudding
<i>Frito Pie</i>	<i>French Bread Pizaz</i>	<i>Corn Dog</i>	<i>Cheese Stix</i>	<i>Taco Salad</i>
22 Thanksgiving Break	23 Thanksgiving Break	24 Thanksgiving Break	25 Thanksgiving Break	26 Thanksgiving Break
29 Beef Nachos Spanish Rice Fiesta Salad Sopapilla	30 French Toast Sticks Scrambled Eggs Bacon Fruit			
<i>Chicken Tenders</i>	<i>Stuffed Baked Potato</i>			

Plate Lunch:

Entrée, 2 sides,
dessert, milk, or juice

K thru 3rd \$3.75
4th thru 12th \$4.25

or

Sandwich Lunch:

Choice of:

- Peanut butter & jelly
- Ham & cheese
- Turkey & cheese